

## **Is Your Hair on Fire?**

Ignite is excited to announce our 2<sup>nd</sup> Annual Speaker Event to take place in Jones County!!

**Date:** February 16<sup>th</sup>, 2012

**Time:** 6:30 pm – 8:30 pm

**Location:** Eagles Club in Monticello, IA

**Cost:** \$5.00 per person

(free for Ignite Members and Associated Personnel of our Sponsor Organizations)

**\*\*\*Please bring a business card to enter in our Door Prize Drawing\*\*\***

This year we are teaming up with Mitch Matthews, author of the book *Ignite*, to bring you a fast paced, interactive and exciting professional development opportunity!



### **! Is Your Hair On Fire?™**

#### **• SECRETS TO OVERCOMING WORRY...FOR THE REST OF US**

Let's face it. Worry blocks our ability to be creative, effective or focused at work and at home.

In this program, Mitch introduces a simple three-step process for breaking out of the cycle of worry. He uses specific examples... some funny... some moving... some inspiring... so the audience will leave with powerful strategies they can apply immediately. Plus, Mitch tells the heart-stopping and laughter-inspiring story of almost getting struck by lightning on a Montana mountain top and how it impacted his personal journey of breaking free from worry.

**As a result, the audience can break out of the cycle of fretting and stewing so they can dream and think bigger as well as achieve more at work and at home!**

Mitch is from the Des Moines Area. He has spoken at several Young Professional Events and is a dynamic and interactive speaker.

We are planning to pack the house so please RSVP *either* by using the link:

[karen.a.hogan.ry7o@statefarm.com](mailto:karen.a.hogan.ry7o@statefarm.com)

or by going to Ignites website: <http://www.ignitejc.org/>

and use the link there.

Thank you to our amazing sponsors, who have time and again helped us achieve our vision of living, learning and connecting in Jones County.